

2021 Gillingham DofE  
ACTIVITY DETAILS FOR PARENTS AND STAFF



<b>1. Activity Planned</b>	Gold FINAL		<b>Location</b>	Dartmoor	
	<b>Start Date</b>	Sat 24 July		<b>Finish Date</b>	Wed 28 July
Special hazards	Traffic, Stoves.				
<b>2. Place/Times</b>	Drop off at	<b>Gillingham School down by DofE Cabin</b>		Pick Up Place	<b>Gillingham School</b>
	Drop Off time	11.30am	Pick Up Time	8-9pm Participants asked to message time on leaving Exeter	
<b>3. Cost</b>	£95 BACs – (Lloyds - Gillingham DofE OAC) sortcode 30.98.97 a/c 47830260		Please don't forget the fee if not already paid as it's embarrassing to have to chase people. Ask me to check if needs be. If money is a temp problem please say in confidence. Finals fees include monies we have to pay to Assessors.		
<b>4. Destination</b>	Dartmoor! Leaders base camp will be Langstone Manor Campsite				
	Site phone Number if possible		01822 613371		
	(Trish) Contact/s on site		EMER ONLY		07917212390
<b>5. Contact Number</b>	Trish –		<b>07917212390</b>		
Participants are instructed not to have mobile phones on from the time that they start at the initial team "briefing" to the time that they have been "debriefed". If mobiles are used to contact (or be contacted by) friends/family during this time the whole team <b>will fail</b> their Final Exped. This Award rule is there because using mobiles whilst on Exped is distracting and intrusive, as well as unsafe in undermining the team and centre's emergency procedures, focus and teamwork! Participants are ONLY allowed to use mobiles in a serious, unexpected, & dangerous situation, when contacting the supervisor or even emergency services is imperative.					
<b>6.(Trip) Base Contact</b>	tbc				
<b>7. Accompanying adult staff</b>	1. Trish Walker		5. Graham Matthews		
	2. Deb Mactavish		6. Mark Barnett		
	3. Tony Baverstock		7. Sue Bailey		
	4. Colin Utting		8. Bob Bailey		
<b>8. Clothing and Footwear</b>	Kit List <a href="http://www.gillinghamdofe.co.uk/wp-content/uploads/2019/07/Kit-List-from-2019.pdf">http://www.gillinghamdofe.co.uk/wp-content/uploads/2019/07/Kit-List-from-2019.pdf</a> <b>FULL KIT</b> please. Inc water purifying tablets! You can wear ordinary clothes/shoes on the Saturday to be left in a holdall in the bus during the Final. And then to wear home.				
<b>9. Food</b>	<b>Saturday</b> – please bring a packed lunch. Service Stn not til 2.30pm. Dinner – We are going to stay at camp <b>and cook</b> - this does need to be a good meal, not another bag of trail mix!! Normally we would go "out" but we think we should be cautious and it is day 1 of school hols in a popular holiday destination this year. <b>Sun, Mon, Tues, Wed</b> – 4 B'fast, 4 Packed Lunch, 3 Dinner. SNACKS – <b>good ones</b> not just sweets n choc! See "Gourmet Suggestions" <a href="http://www.dofedorset.org/wp-content/uploads/2017/04/D-of-E-Gourmet-Meal-Suggestions.pdf">http://www.dofedorset.org/wp-content/uploads/2017/04/D-of-E-Gourmet-Meal-Suggestions.pdf</a> Do NOT forget "emergency rations". They will be checked. Wednesday Tea – we will stop at the service station on the way back.				
<b>10. Other items?</b>	You will have tents, stoves, storm shelter, maps and compasses (see kit list) given to you, so please make sure that you have left enough room in your rucksack to pack your share of the team kit.				
<b>11. Times when participants will not be directly supervised</b>	We must remotely supervise the Final				
<b>12. Travel</b>	Minibus and MPVs, Please wear masks if asked		Are Drivers up to date Assessed? Yes		
<b>12. Any other information?</b>	<b>Please read ALL of the information. (3 pages). It was clear some had not bothered for the Practice and this will get bods into troubled waters. Eg no one else in a tent other than those to whom it belongs. Don't forget that leaders/assessors can come upon you at any time, anywhere!</b>				
<b>Let us know if on any medication</b> or if there has been a recent injury/illness.					

**If there has been any change to the Exped Consent forms recently submitted, especially contact numbers, ensure that we know please.**

## Teams

Frankie	Blue	Alice B	Yellow
Matthew C	Blue	Amelie B	Yellow
Ryan P	Blue	Jessica W	Yellow
William B	Blue	Katherine C	Yellow
Alannah C	Pink	Sacha W	Yellow
Alicia B	Pink	Thomas C	Yellow
Jasmine M	Pink	Michael Y	Orange
Catherine H	Pink	Ian B	Orange
Isobel F	Pink	John H	Orange
Courtney B	Pink	Joe P	Orange
Camilla B	Pink	Joe B	Orange
Sae S	Purple		
Claudine P	Purple		
Ellie N	Purple		
Lily M	Purple		
Ross H	Purple		

### **Saturday 24/7**

**17 Participants** Arrive 11.30am at Gillingham school.

Tone Minibus – ending up at Runnage with Pink (7) and Orange (5) teams for 24/7

At Gill please, with their own kit board Pink (3)

Tone kit AND Pink and Orange team boxes plus excess personal kit from Bobs bus.

Bob Minibus – ending up at Tavistock Camping and Caravanning Club Site, Higher Longford Moorshop PL19 9LQ with Blue, Purple and Yellow teams

At Gill please board Purple (4) and Yellow (6) and Blue (4)

Deb Tourneo – Blue, Purple and Yellow team boxes and as much of their personal kit as sensible – Tone taking any excess until Exeter when it goes to Graham

The group's usual support kit

Bob and Sue, Deb and Trish camping stuff

Leave 12 noon for Dorchester

Arrive 12.45pm Dorchester to meet Graham pls take (Orange 5). Colin pls take (Pink 4, Purple 1) Leave 1pm

Arr Exeter hopefully by 2.30 latest. **BUS UPDATE!**

Graham's Oranges (5) to go onto Tone's bus with their Kit. Colin and Pinks (4) go with Tone to Runnage. Set up camp with Pinks and Oranges. Tone overnighing with teams and will take to Harford Moor Gate in the morning for 8.30 to start 9am. Journey 50 min via Cadover with at least one a.n.other

Sae S needs to get onto Bobs bus to join Purple. Graham – taking any excess purple, yellow and blue personal kit from Tony's bus and joining Bob's convoy

Leave Exeter At 3.15

Tone and Colin to Runnage (55mins via Moretonhamstead) (Mark, can you join pls to help here)

Trish, Deb, Sue, Bob, Graham to Tavistock PL19 9LQ (55mins via A30). Trish and Deb staying there that night as have hike tents.

Arrive 5pm at team's campsites. Make camp. KIT CHECK. Participants start their tea.

Leaders to Langstone for their own tea and supervision briefing for Sunday. Tone, Deb and Trish return to teams

## COVID PROCEDURE FOR July 24 - 28 July 2021 for ALL PARTICIPANTS and STAFF

### Arrival at initial meet point and thereon: -

- **Participants and staff confirm negative Lateral Flow Test as at that morning**
- Please wear masks whilst travelling if asked, and in shops/buildings if asked
- Team Pre briefing includes reminders about COVID hygiene practices.
- Reminder to be team and self-aware about feeling ill and saying to the leader!

### On the move (with the team generally being the bubble): -

- Participants are issued with team equipment, not to be borrowed or shared with other teams
- If such equipment must be replaced during the event observe given hygiene rules
- Participants must bring hand sanitiser for general hygiene and a mask brought, to use as above
- No sharing or borrowing of personal kit including personal first aid (i.e. from home)
- Wear disposable gloves to access and use the group first aid kit
- Try to keep up social distancing where interacting with leaders/assessors/public
- Observe good hygiene practices

### At all times

- **Sleeping -Tents are PRIVATE (this is a general rule anyway) to those to whom they “belong”**
  - o **If people are found in a tent other than their own this will be taken as a deliberate flouting of rules and those persons will be asked to be collected because, sadly, we have already had to remind people of this rule during the Practice.**
  - o Consider head to toe sleeping
  - o Think about keeping the inner tent doors open for better ventilation
- Cooking - there should be no sharing or borrowing of **individual** food, drink, sweets, utensils, cups etc
  - o **Therefore, please do not forget utensils!!**
  - o Cooking stoves are issued as team equipment and must not to be borrowed or shared with other teams.
  - o A team cooking area must well away from tents and other teams, positioning stoves to be obvious and not on a route between tents or to campsite facilities
  - o A team member/s must supervise the area whilst stoves are in use and/or still hot
  - o Boil in the bag or dehydrated meals desirable as they create the least fuss possible
  - o Rubbish needs to be disposed of appropriately. Ask for advice if not sure.
- Remember to use your own hand sanitiser
- On campsites
  - o Toilets and bathroom have hand sanitiser.
  - o Please still be mindful of social distancing and numbers in the bathroom. Please wear your mask. Tavsiatock have asked that no more than 3 of our group go into the bathroom at a time.

### **No one can take part (including staff) who**

- Has tested positive using a Lateral Flow Test (completed by staff and participants on the morning of departure)
- Is displaying symptoms (usually new persistent coughing and fever, loss of sense of taste/smell)
- Is from a family where someone is displaying symptoms
- is from a family where someone is shielded.
- that should any participant/staff/volunteer test positive for Covid 19 within 48 hours of camping together then all that bubble will be required to self-isolate as close contacts.

Parent/guardians must be immediately available to collect if someone becomes unwell or the event is terminated unexpectedly

**PLEASE MAKE SURE CONTACT DETAILS HAVE NOT CHANGED FROM ORIGINAL CONSENT FORM**