

**D of E**  
**CERTIFICATED FIRST AID TRAINING FOR EXPEDITIONS 2020-21**  
**Everyone please respond ☺**

First Aid training is a **mandatory part of your Expedition Training Syllabus**

This year we are offering DofE Participants a 6hr nationally **certificated** Emergency First Aid at Work Course at a cost of £30 a head – delivered by a qualified First Aid instructor. First Aid training at this cost is not often available. It will serve you in good stead in all sorts of work as well as personal circumstances and will enhance your Career/ Employment choices.

This course will be customised towards expedition first aid, is very interactive and will include practical scenario work outside (weather permitting). The course is appropriate for Bronze, Silver AND Gold ventures and will include learning CPR techniques using a Resusci Annie each, as well as defibrillator, anaphylaxis and Epi-pen training.

Two courses will be held, on two dates: **Saturday 19 December 2020 and Sunday 3 January 2021** (Gill school inset day), venue tbc – only one of which is necessary to attend.

We need to split the group into two, with no more than 30 on each date - please **therefore indicate all the dates you can do and you will be confirmed as to which date to attend asap** on or just after the deadline.

8.45am – 4pm. You will need a packed lunch. You will have your own 1<sup>st</sup> Aid book to take away.  
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**APPLICATION FORM**

NAME (Please PRINT) .....

- I am able to attend a certificated First Aid course on the dates ticked (please tick all you can do)
  - Saturday 19 Dec 2020
  - Sunday 3 Jan 2021
- I enclose a cheque for £30 payable to Gill DofE OAC
  - BACs: Bank Ref MUST BE full name. sortcode 30.98.97 (Lloyds) a/c 47830260
- I already have a First Aid qualification and will bring in my Certificate
- I cant do either of the dates above and I don't have First Aid training ☹

Signed ..... Date .....

**Please return this form to us by the end of November 2020**

**You can give it back to us on a Tuesday at the Slade Centre OR post to**  
11 Primrose Close  
Gillingham  
Dorset  
SP8 4TX

Please talk to us in confidence if the First Aid fee is going to prevent attendance. We have a bursary available.